

MODULE 2

CLASSROOM PROCEDURES AND ROUTINES

Early Childhood
MBI Team
Training
Session 4

WHAT ARE ROUTINES AND PROCEDURES

Routines are the habits we form by repeating the same set of steps over and over. They develop from consistent use of procedures.

Procedures are the expected steps taken to complete a task.

- **HOW** we do something.

EARLY CHILDHOOD ROUTINES

- ✓ Arrival time
- ✓ Bathroom time
- ✓ Cleanup time
- ✓ Movement to group times
- ✓ Nap time
- ✓ Snack/meal times
- ✓ Movement to and from outdoor play
- ✓ Departure

TRANSITIONS!!

CLASSROOM PROCEDURES AND ROUTINES

When students can **predict** the events throughout their school day, they are more likely to be **engaged** and less likely to display problem behavior. One way to increase predictability in a classroom is to establish routines, particularly early in the school year.

Kern & Clemens

6 SLIDES SHOWING VISUAL ROUTINES

Put in cubby.



Go to gate.



Line up.



Wash hands.





1. Turn on water.



2. Wet hands.



3. Get soap.



4. Rinse hands.



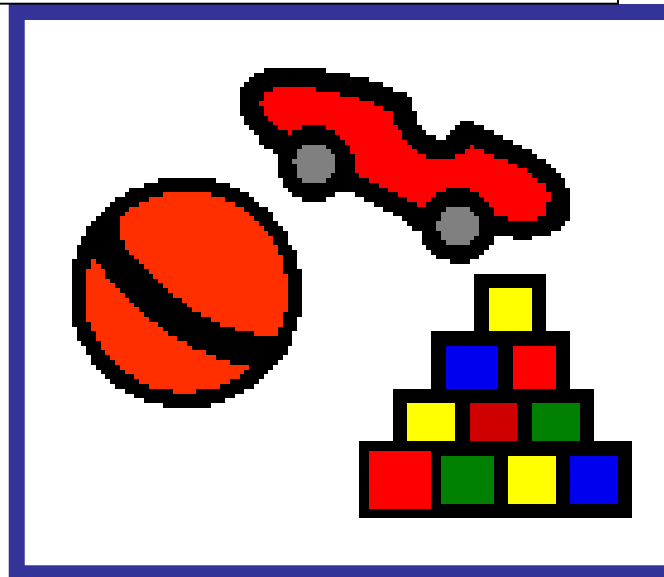
5. Turn off water.



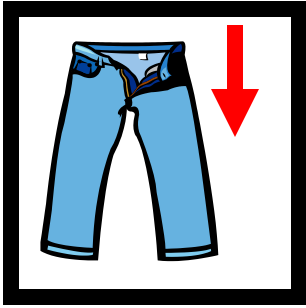
6. Dry hands.



7. Throw away towel.



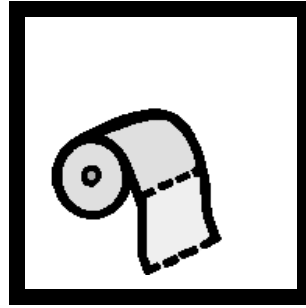
8. Go play.



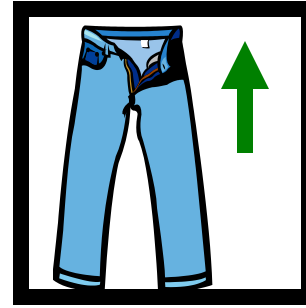
Pull down
pants &
underwear.



Go Potty.



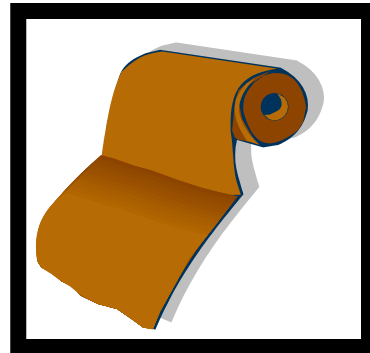
Wipe &
flush.



Pull up pants
& underwear.



Wash
hands.



Dry hands.

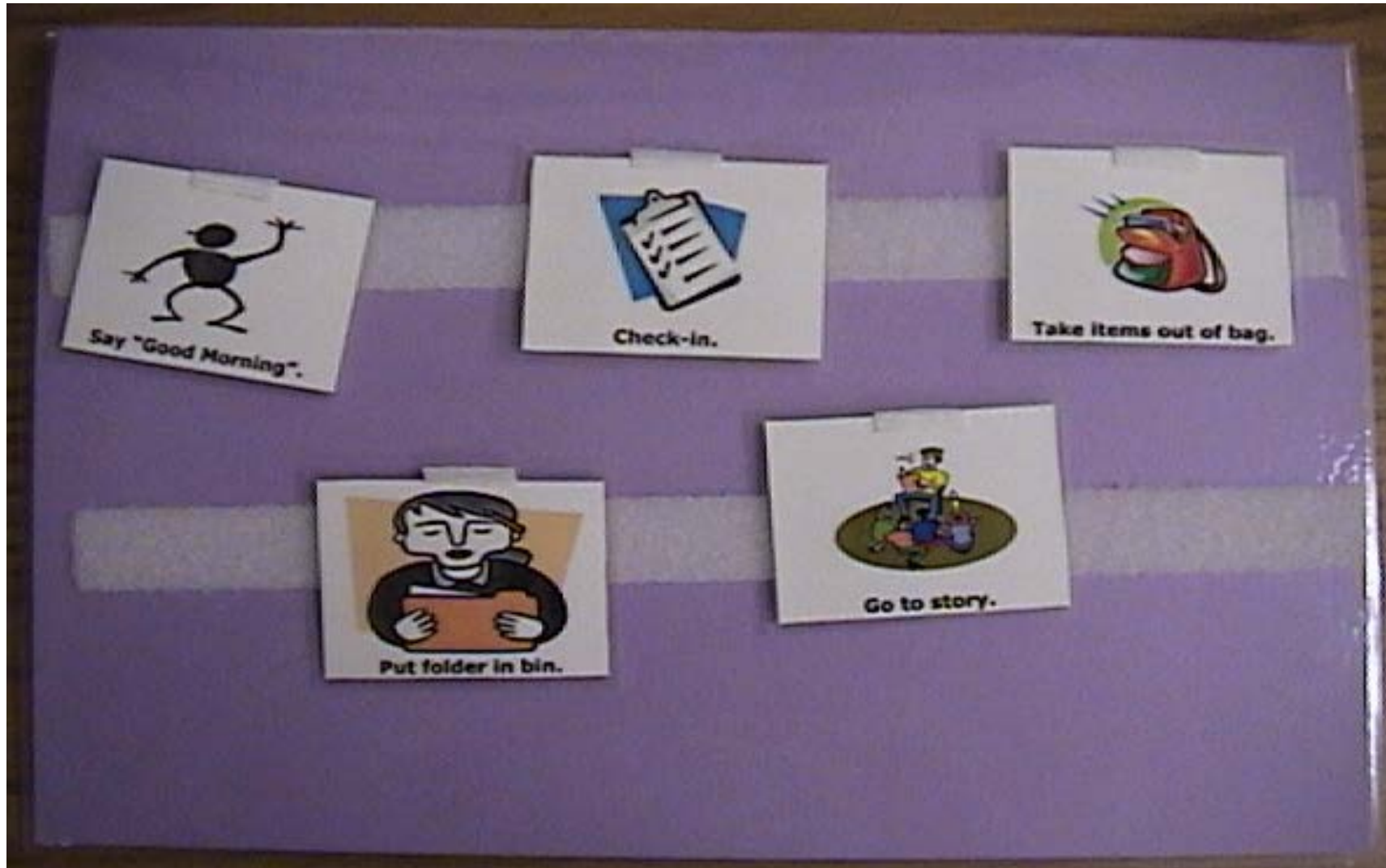


Go Play.

Handwashing Routine Schedule



Posters as Teaching Tools for Learning Routines



TRANSITION REFERS TO CHANGE

Transitions take time

Children often spend a lot of time waiting

Transitions can be stressful and frustrating

Skills (such as cleaning up) may reduce transition times and increase engagement

STRATEGIES FOR SMOOTH TRANSITIONS

Before the transition

- **PLAN**
- **TEACH**
- **MINIMIZE**
- **PROVIDE CUES**

TRANSITIONS

During

Engage children in activities such as: sing songs, play word or guessing games, recite rhymes, or do finger plays with children

After

Provide specific feedback
“Wow! Everyone cleaned up their work and hopped to small group tables as quietly as rabbits!”

MOVEMENT/SELF-REGULATION ACTIVITY



Children Exercising